

Rock n Roll

ROCK'N'ROLL

Rock 'n' Roll originates from America and has a dedicated following here since the 1940s.

Rock 'n' Roll includes fast kicks, jumps, lifts and strong arm lines.

This dance style is taught within our freestyle classes. We teach competition style Rock 'n' Roll to Nationwide level.

For our younger pupils, this also includes the IDTA syllabus routines.